



St Anne's Church, Chingford

Web site: www.stanneE4.org.uk

16th August 2026 – Trinity 11, Proper 15

Parish Eucharist – 10.00

Welcomers: Heather Gwynn, Joseph McEwan

Servers: Terisa Nabukalu, Tricia Nakanwagi

Chalice: Jenny Scotchmer, Anthony Sullivan

Lessons: Phil Hallsworth

Prayers: Heather Gwynn

Preacher: Mick Scotchmer

Celebrant: Mick Scotchmer

Music: Bill Gloyn

*Mankind owns its own destiny,
and destiny is the earth. We are
destroying it until we
have no destiny*

Frida Kahlo

Hymns:

627 Praise to the Holiest in the height

747 There's a wideness in God's mercy

353 In Christ there is no east or west

692 Tell out, my soul

532 Now thank we all our God



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This week



Thursday	20 th Aug	11.00	Funeral – Jean Mayhew
Friday	21 st Aug	10.00	Eucharist
Sunday	23 rd Aug	10.00	Parish Eucharist

Collect

O God, you declare your almighty power
most chiefly in showing mercy and pity:
mercifully grant to us such a measure of your
grace,
that we, running the way of your commandments,
may receive your gracious promises,
and be made partakers of your heavenly treasure;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion

Lord of all mercy,
we your faithful people have celebrated that
one true sacrifice
which takes away our sins and brings pardon
and peace:
by our communion
keep us firm on the foundation of the gospel
and preserve us from all sin;
through Jesus Christ our Lord.

Old Testament Reading

Isaiah 56.1,6-8

¹Thus says the LORD:

Maintain justice, and do what is right,
for soon my salvation will come,
and my deliverance be revealed.

⁶And the foreigners who join themselves to the LORD,
to minister to him, to love the name of the LORD,
and to be his servants,
all who keep the sabbath, and do not profane it,
and hold fast my covenant –

⁷these I will bring to my holy mountain,
and make them joyful in my house of prayer;
their burnt-offerings and their sacrifices
will be accepted on my altar;
for my house shall be called a house of prayer
for all peoples.

⁸Thus says the Lord GOD,
who gathers the outcasts of Israel,
I will gather others to them
besides those already gathered.

This is the word of the Lord.

All Thanks be to God.

New Testament Reading

Romans 11.1-2a,29-32

¹I ask, then, has God rejected his people? By no means! I myself am an Israelite,
a descendant of Abraham, a member of the tribe of Benjamin. ²God has not

rejected his people whom he foreknew. ²⁹For the gifts and the calling of God are irrevocable. ³⁰Just as you were once disobedient to God but have now received mercy because of their disobedience, ³¹so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. ³²For God has imprisoned all in disobedience so that he may be merciful to all.

This is the word of the Lord.

All **Thanks be to God.**

Gospel

Matthew 15.10-28

When the Gospel is announced the reader says

Hear the gospel of our Lord Jesus Christ according to Matthew.

All **Glory to you, O Lord.**

¹⁰Then Jesus called the crowd to him and said to them, 'Listen and understand:

¹¹it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles.' ¹²Then the disciples approached and said to him, 'Do you know that the Pharisees took offence when they heard what you said?'

¹³He answered, 'Every plant that my heavenly Father has not planted will be uprooted. ¹⁴Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit.' ¹⁵But Peter said to him, 'Explain this parable to us.' ¹⁶Then he said, 'Are you also still without understanding?

¹⁷Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? ¹⁸But what comes out of the mouth proceeds from the heart, and this is what defiles. ¹⁹For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. ²⁰These are what defile a person, but to eat with unwashed hands does not defile.'

²¹Jesus went away to the district of Tyre and Sidon. ²²A Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.' ²³But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.' ²⁴He answered, 'I was sent only to the lost sheep of the house of Israel.' ²⁵But she came and knelt before him, saying, 'Lord, help me.' ²⁶He answered, 'It is not fair to take the children's food and throw it to the dogs.'

²⁷She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.' ²⁸Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord.

All **Praise to you, O Christ.**

N

We do not take a collection during the service at St. Anne's as we have a Parish Giving scheme. However if you wish to make a contribution you will find a plate at the back of church and a card reader if you prefer to donate in that way. If you would like to join the **Parish Giving** scheme please speak to Lindsey Archer or the church wardens. Also, scanning this QR code will provide information about the scheme and how you can make contributions if you wish.



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Ukraine and Eat or Heat - We are still collecting for both at the back of the church. Children's, toddler's and baby items are still very much needed in Ukraine, as are long lasting food products and hygiene products for Eat or Heat.

W

PCC Vacancy – We now have a vacancy on the PCC (the church management committee) until the next APCM (Parish AGM). If you are on the Electoral Roll and feel you can serve the church in this way, or want more information on what is involved, please speak to Mick or one of the churchwardens.

S

This Weeks Music– This Sunday follows on from the Feast of the Blessed Virgin Mary, celebrated yesterday. Not surprisingly, there has been much music composed in tribute to her, including hymns. The song she sang when the angel announced that she was to give birth to Jesus is known as the Magnificat - "My soul doth magnify the Lord". Many composers have been inspired to write settings for those words and also for the "Ave Maria" (Hail Mary) prayer, sung widely in the Catholic church. With a nod to your humble organist's birthday earlier this week, a couple of his favourites have crept in too!

FOR OUR PRAYERS:

We remember in prayer each day all those both known and unknown to us who are suffering in mind, body and spirit, for those who have care of them, for all who are living with difficulties and trouble at this time and for all who will enter eternity this week.

Anniversaries for August: 1st Margaret Halford, 10th Lillian Whitehead, 11th Alex Joseph, 12th Doris Sullivan, 13th John Malony, 15th Katie Anderson, 19th Brian Jones, 24th Beryl Stratton, Mary King, 29th Ivy Hughes.

In Memoriam: Margaret Althorp, Stanley Althorp, Catherine Baggs, Charles Baggs, Elizabeth Davies, Joan Dawes, Edna France, Lucy Glossop, Elizabeth Joyce.

*Eternal rest grant unto them O Lord, and let light perpetual shine upon them,
may they rest in peace and rise in glory. Amen*